

# MSHSA - Medway

## 2012 High School Ski Program

Grades 8 - 12



The Medway Secondary Home & School Waterville Valley Ski program begins Sunday January 8<sup>th</sup> and runs for five weeks (excluding Martin Luther King weekend). Ski days are: 1/8, 1/22, 1/29, 2/5, and 2/12. The bus leaves Medway High School at 6:10am and returns around 6:00pm.

For more info, call Gary or Tina Cunha at 508-533-9747 or email to [garycunha@comcast.net](mailto:garycunha@comcast.net).

Pricing (for all 5 sessions)	Required?	Cost
Lift Tickets & Transportation Heated motor coach with bathroom, DVD	REQUIRED	\$288
Lessons Two-hour group lesson each week	optional	\$115
Equipment Rental skis, boots, poles - OR - snowboard, boots	optional	\$100
<b>Total</b>		

Make check payable to: **Medway Secondary Home and School Association**

- Return completed application with payment to the school's main office or mail to:  
*MSHSA High School Ski Program c/o Gary Cunha 9 Cedar Farms Rd. Medway, MA 02053*
- Registration deadline is **December 9, 2012**. You'll receive email confirmation & additional club details.
- Refunds are not possible since all money is committed up front to Waterville Valley and the bus company.
- Chaperons are needed each week. It's easy, fun, & free. If interested, please call Gary/Tina at # above.

**Consent for Medical Treatment:** (please print clearly)

As the parent or legal guardian of \_\_\_\_\_, who is in grade \_\_\_\_\_, I hereby give my consent for emergency medical care prescribed by a duly licensed doctor of medicine or doctor of dentistry. This care may be given under whatever conditions are necessary to preserve life, limb or the well being of my dependent. Also, I hereby agree to hold the Medway Secondary Home and School Association, its contractors and chaperones harmless and release them from any liabilities for injuries that my child or I sustain while participating in the program.

Parent/Guardian Name(s): \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Home Address: \_\_\_\_\_ Email Address(es): \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Emergency Contact #: \_\_\_\_\_

Insurance Co: \_\_\_\_\_ Policy #: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Physician's Phone #: \_\_\_\_\_

Does this student have any medical condition that we should be aware of? \_\_\_\_\_, If yes please describe below:

**Zero-Tolerance Substance Commitment:**

The use of controlled substances such as tobacco alcohol and illegal drugs is strictly prohibited while participating in the program. Any student found in possession or under the influence of such substances will be immediately removed from the program without refund. I have read and understand these rules regarding controlled substances.

Parent/Guardian Signature: \_\_\_\_\_

Student Signature: \_\_\_\_\_

## MSHSA – Medway High School Ski Club Overview

This write-up provides answers to the most commonly asked questions. Send an email if you have additional questions.

### Trips Dates

The Sunday ski trips are scheduled on: 1/8, 1/22, 1/29, 2/5, and 2/12. Notice that we skip Martin Luther King weekend. Head count is reported to Waterville Valley the morning of each trip so please let us know ASAP if a student can't make it. In very rare cases (e.g. extreme weather conditions), the mountain could postpone a trip although this has not happened in the past few years. If this happens, an email will be sent out to let people know ASAP.

### Communication

Email will be leveraged constantly during the ski season. Cell phone numbers are made available and we encourage parents to call/text anytime. Our cell phones seem to work for most of the ride up/back and at the mountain lodge. Each week, an email reminder will be sent out for the upcoming trip - along with any noteworthy details from the previous trip.

Contact info:

**Gary Cunha:** [cell: 508-878-9131](tel:508-878-9131) (preferred) [home: 508-533-9747](tel:508-533-9747) [email: garycunha@comcast.net](mailto:garycunha@comcast.net)

**Tina Cunha:** [cell: 508-596-8003](tel:508-596-8003)

### Morning Departure

As previously mentioned, the bus leaves from the Medway High School parking lot. Skiers arrive no later than 6am and we target a 6:10 departure. Kids load their own equipment under the bus and attendance is typically taken as they enter the bus. If anyone is missing, phone calls are made to the student's house to determine next steps.

It's a long ride up & back (almost 3 hours one way) so consider having your kids pack extra drinks & food for travel time. Lots of kids eat breakfast on the bus, many kids sleep. The bus is a motor coach equipped with heat, a bathroom & DVD player. I'll have a few movies to throw on during the ride up/back.

### At The Mountain

When we get to the mountain, students stay on the bus while a chaperone gets all the lift passes. The kids are asked to put on the passes while on the bus so we aren't dealing with lost passes (lost passes are a big deal). For kids renting equipment, chaperons escort them as a group to the rental center and walk them through the process.

If your kids need any extra help/attention, feel free to contact me before the first trip to discuss. Let your kids know not to be bashful about asking any of the chaperons for help. That's why they're there. The same message will be delivered when we get on the bus.

While many of the kids / chaperons gather at the same spot in the lodge each week, the kids are free to put their stuff wherever they want. They are also free to eat where/when they want.

### Return To Medway

The kids will be told to be packed up and back at the bus at 3pm. At the mountain, we typically park in the same place every time and it's close to the lodge. Chaperons count, recount, and re-recount students to ensure nobody is left behind.

You can expect us back at Medway High School around 6pm +/- . An announcement will be made on the bus when we're about 20 minutes away from the high school so kids have an opportunity to call home for rides.

At least one chaperon will stay behind at the high school until all kids are picked up. Don't hesitate to call Gary's cell.

### Injuries

There will be a chaperon in the lodge at all times. If an injury occurs, first aid will contact the chaperons immediately via several different (redundant) mechanisms, including cell phones and lodge announcements. Chaperons also periodically check first aid to make sure all is quiet.

MHS chaperons are briefed on how to handle first-aid coordination duties. Parent contact information will be kept with the lead chaperon in case a parent needs to be called.

### Chaperons

Being a chaperon with the high school club is very easy to do and is dramatically easier than managing ski trips in the younger grades. Even if you're a non-skier and want to get involved, you can help us maintain a presence in the lodge and have fun being part of the group.

A short write-up of chaperon guidelines is provided when you volunteer. We'll show you exactly what to do. Please contact Gary if you're interested in getting involved or want to find out more information. It's fun and free!